

# Salud SOL!

# **HCHS/SOL Newsletter**

Volume 11 Number 1

Hispanic Community Health Study/Study of Latinos (HCHS/SOL)

### WE DID IT! THANKS TO YOUR PARTICIPATION, THE HCHS/SOL STUDY COMPLETED THE 2<sup>ND</sup> STUDY VISIT!!



As a result of your participation, the Hispanic Community Health Study/Study of Latinos (HCHS/SOL) completed the 2nd examination which took place from October, 2014 to December, 2017. The examination included blood/urine analysis, blood pressure, and anthropometry measures like height and weight. This new information will help us understand how the health status, including illnesses and lifestyles /personal health practices of Hispanics/Latinos participating in the HCHS/SOL study, are changing. It also may help us understand the social, cultural or environmental factors, that are associated with those changes. **Bronx** 2646

The total number of participants seen in each	Chicago	3088
HCHS/SOL Center during the period of the 2nd study visit, were as follow:	Miami	2855
Study visit, were as follow.	San Diego	3032

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We want to express again to all of you our deepest gratitude for your support and for participating in this historical study that helping us understand the health and medical needs of Hispanics/Latinos of diverse backgrounds living in the U.S. This information will help

Hispanic/Latinos living in the U.S. improve their health by learning about the conditions that are most prevalent in their communities, and will provide information that will help improve medical care for future generations

We invite all of you to continue contributing to and learning about the health of your community by completing the yearly phone interview and participating in other HCHS/SOL ancillary studies. For up to date news on the HCHS/SOL progress and the upcoming Visit 3 please visit: <u>http://www.SaludSol.net.</u>

For our social media pages, see us on *Facebook, blog and Instagram*. Also, let us know if you are receiving our *SOL Fact Sheets* that summarize the published findings emerging from our study. Again, You can always find them at: http://www.SaludSol.net.

# HCHS/ SOL ANCILLARY STUDY OPPORTUNITIES!

**Remember!** If you have completed all the interviews and exams of Visit 2, you are eligible to participate in ancillary studies. Currently we are recruiting for: SOL INCA –MRI (neurocognitive study), SOL ECHO (heart ultrasound study) and SOL COMPASS (physical activity study). Call us to provide you with information about these opportunities!

#### Information of each Center Miami, Florida Bronx, New York **Coordinating Center** San Diego, California Chicago, Illinois National Heart Lung and Blood Institute 1-305-243-1828 1-718-584-1563 1-619-205-1926 1-919-962-3254 1-800-749-4765 SAN DIEGO STATI UNIVERSITY EINSTEIN UNIVERSITY VIC Institute for Minority THE UNIVERSITY of NORTH CAROLINA J www.saludsol.net http://bronxhchssol.blogspot.com/ P Facebook.com/ @SOLBronx @HCHS SOL Bronx