# Salud SOL!

## **HCHS/SOL** Newsletter



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Hispanic Community Health Study / Study of Latinos (HCHS/SOL)

## What is the C4R study?

The Hispanic Community Health Study/Study of Latinos (HCHS/SOL) is part of a new National Institutes of Health (NIH) study called the Collaborative Cohort of Cohorts for COVID-19 Research (C4R). Researchers at Columbia University Vagelos College of Physicians and Surgeons will be coordinating this nationwide study of 14 cohort studies, including the HCHS/SOL.

The combination of all these cohorts will be comprised of more than 50,000 participants from diverse racial/ethnic backgrounds with people who are Hispanic /Latino, Asian, American Indian, Black, and Non-Hispanic White taking part. Study participants range in age from young adult to elderly, and reflect the racial/ethnic, socioeconomic, and geographic diversity of the United States. The study will help explore risk and protective factors that predict severity and long-term health impacts of COVID-19.

All HCHS/SOL participants are eligible to participate in the C4R study. We have already collected data from approximately 10,000 participants across all four sites through the COVID-19 survey that we began to administer in 2020. Our study staff will be contacting you in the coming months to follow up with additional assessments.

#### Why is the C4R study important?

This new collaborative study aims to answer important questions about COVID-19 that cannot be answered by smaller, individual studies that have been set up to study COVID-19. Some of these important questions include identifying the heart and lung disorders that increase the risk of severe COVID-19 illness, the risks of cardiovascular and cerebrovascular complications of COVID-19, and the social determinants (such as people's income levels or where they live) that may affect COVID-19 risks.



#### What does the study involve?

The study assessments will involve the following:

- 1. A follow up questionnaire about participants' experiences during the COVID-19 pandemic. Some HCHS/SOL participants have already participated in the first questionnaire.
- 2. A blood sample that will determine if the participant has been exposed to the virus that causes COVID-19 (SARS-CoV-2).
- 3. Collection of medical record information for participants reporting hospitalization to determine the severity of COVID-19 and related illnesses.

#### How to participate in the study?

SOL staff members will be in contact to invite you to participate in this study. If your contact information has changed or if you have any questions, please call us at [site phone number] or email us at [site email]. If you have not heard from us in the last 6 months, please call to make sure we have your current contact information on file.

## **HCHS/SOL Updates**

Annual Follow-Up Interviews: We continue calling you for your annual interview to learn about changes in your health and update your records of hospitalizations and emergency room visits.

Visit 3 Interviews: We continue administering some Visit 3 questionnaires over the phone. These phone surveys consist of one 30minute phone session which allows us to shorten your in person visit.

In-Person Visit 3 and Ancillary Studies: We resumed the in-person Visit 3 examination and ancillary studies. A member of the SOL team will be calling you soon or contact us to find more at: [site phone number]





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