



# ¡Salud SOL!

## HCHS/SOL Newsletter

Volume 6, Number 2

Hispanic Community Health Study / Study Of Latinos (HCHS/SOL)

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National Institutes of Health (NIH)  
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## Your Participation Counts!

Dear **SOL Participant**,

Together we are making history! You are part of a very important study that investigates and identifies the diseases and conditions that affect the Hispanic/Latino populations that reside in the United States. With your help we are learning more about the cardiovascular disease and other health conditions in our communities at the Bronx, Chicago, Miami and San Diego.

We are happy to announce that thanks to your participation, **The Study Continues!** Soon you will get an invitation to come to the Bronx research center at 1 Fordham Plaza for a second visit. This second visit will be shorter than the first one. You will receive the results of several of the health exams.

The HCHS/SOL team will be happy to answer any question you might have about the study. If you have not heard from the HCHS/SOL staff, please contact us at **718.584.1563** to update your information. We do not want you to miss this opportunity to participate in visit 2. You will be contributing to the understanding of the health of future generations of Hispanics/Latinos. We are looking forward to seeing you at the research center again!

Sincerely,  
**The SOL team**



The HCHS/SOL team would like to thank HCHS/SOL participants. You are the most important member of the team.

**Thank you for your participation!**

## Announcements

You will receive *¡Salud SOL!* newsletter twice a year with updates about the study and information about events and resources in our community.

**Stay Tuned!**

### **Are you without health insurance?**

NY State of Health is the new Official Health Plan Marketplace. They're here to help you! Contact them by phone at 1-855-355-5777 or online at [nystateofhealth.ny.gov](http://nystateofhealth.ny.gov)

Step by step they will help you:

- Find a plan that is right for you
- See if you can get help with costs
- Apply for and enroll in your health plan