

Salud SOL!

HCHS/SOL Newsletter



COVID-19 Special Edition April 2020 Hispanic Community Health Study / Study of Latinos (HCHS/SOL)

Update on HCHS/SOL Visit 3

HCHS/SOL would like to thank you for your continuing participation and support of this study. The safety and health of our participants and clinic staff members is our top priority, for this reason we have delayed our in-person center visits for HCHS/SOL Visit 3. During this challenging time the study staff are working remotely to ensure physical distancing to help reduce spread of Coronavirus (COVID-19) infections.

This is an unprecedented time in our history. The COVID-19 pandemic is having an impact on the health of our loved ones, the businesses we rely upon, and the way we live our daily lives. As we all continue to navigate through these unique and evolving challenges, the HCHS/SOL staff and investigators would like to stay in touch with our participants. The Annual Follow up staff will continue to make the annual phone calls to check in on you. We are also working to find new ways to continue with some aspects of Visit 3 over the phone.

We know that HCHS/SOL participants may be under stress and that some of you may be facing significant needs. Please visit your local State Health Department website to find helpful resources during this unprecedented time.

Keep in mind that a lot of **misinformation is being spread via social media; do not believe** everything you hear or read. You can find accurate information from the Center for Disease Control (CDC) website via this link:

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>

Stay Safe by Exercising Physical Distancing

Thank you for being part of the SOL family!

Take steps to protect yourself

- ◆ Wash your hands often with soap and water for at least 20 seconds
- ◆ Avoid touching your eyes, nose, and mouth
- ◆ Avoid close contact with other people. Stay 6 feet apart and do not gather in groups
- ◆ Stay at home, go out only when necessary, and wear a mask in public
- ◆ If you are sick, stay home, avoid close contact, and wear a mask at all times
- ◆ Cover your coughs and sneezes
- ◆ Clean and disinfect frequently-touched surfaces daily, such as doorknobs, switches, countertops, handles, and phones

HCHS/SOL Updates

Annual Follow Up: We will continue to contact you to ask about your current health and to update your records on hospitalizations and emergency room visits.

Visit 3 Participation: We are currently working on a plan to conduct Visit 3 while practicing social distancing. We will be in contact with you by phone soon.

SOL Ancillary Studies: We are also working on establishing new ways to complete ancillary studies that can be done securing the health and wellbeing of our participants.

We want to know how you are doing

CALL US!

Local Field Center numbers below

Please contact your local Field Center if you have not heard from HCHS/SOL in the last year or if you have any questions
Stay in touch and we look forward to speaking with you soon!

Miami, Florida

305-243-1828



Bronx, New York

1-718-584-1563



Chicago, Illinois

1-800-749-4765



Facebook.com/ @SOLBronx

San Diego, California

1-619-205-1926



SAN DIEGO STATE UNIVERSITY

Coordinating Center

1-919-962-3254



THE UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL



Blog: <https://bronxhchssol.blogspot.com>

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